



Holden Village WOMEN'S RETREAT



Spend a winter weekend at Holden Village for our annual Women's Retreat. Through teaching sessions, conversations, reflections, crafts, and outdoor adventures like snowshoeing and skiing, Women's Retreat will provide opportunities to build new relationships, reconnect with the self, and join other women in conversation and recreation.

This year's Teaching Faculty:

The Rev. Laura Mariko Cheifetz will be leading sessions on finding purpose in our lives — in our vocation and in our calling to love ourselves and others.

Heather Murphy will lead sessions on nature journaling through art and writing.

Maria Gonzalez invites you to a nurturing space where you can connect with your body, quiet your mind, and cultivate inner peace. Her classes blend traditional yoga principles with a modern approach, making the class accessible for all.



Holden Village uses an inclusive definition of women and welcomes trans women and non-binary folks. Attendees only need to identify as a woman in a way that is significant to them.

JANUARY 31–FEBRUARY 3

Register Now!

www.holdenvillage.org/visit/